

Be Herd Wellness Groups

Open to the public at NO-COST for people to find connection and community among our herd of therapy horses.



Partner Agencies



DBSA on the 1st Wednesday of each month. Open to anyone 18+, living with, or family and friends of those affected by mood disorders like depression or bipolar disorder.



NAMI on the 2nd Wednesday of each month. Open to anyone 18+, living with a mental health condition.

Join Us!

- 90 minutes of supportive horse-time led by a certified PATH Equine Specialist, no riding involved.
- No RSVP required, just show up!
- Attend at No-Cost just once, every month, or every so often.

Wednesday's | 4:30PM to 6PM

Location: StableStrides' at NPEC
1035 Lower Gold Camp Rd,
(Meeting in the office)