

*“Peer support facilitates recovery and reduces health care costs.”*



[www.SAMHSA.gov/recovery/peer-support-social-inclusion](http://www.SAMHSA.gov/recovery/peer-support-social-inclusion)

We are able to continue to provide **free** services to those in need because of generous support from our grantors, donors, and members. Thank you!

- Colorado Springs Health Foundation
- Ent Federal Credit Union
- The Joseph Henry Edmonson Foundation
- Wells Fargo



Responding to the unprecedented rise in teen suicides, we collaborated with **10 schools in 6 school districts** to provide mental health awareness events for **over 1,000 parents, teachers, and students.**



Our **19 peer facilitators** lead **500 support groups** every year. We currently offer 11 groups each week in 4 locations, for a variety of needs. Our strategic plan goal is to **add 1 new group each year!**



Our **Resource Center** is the hub of our operation, and houses the largest mood disorder-specific library in the region. Dedicated volunteers contribute nearly **4,000 hours of service every year.** Social events promote wellness for our members.



*“We’ve been there. We can help.”*

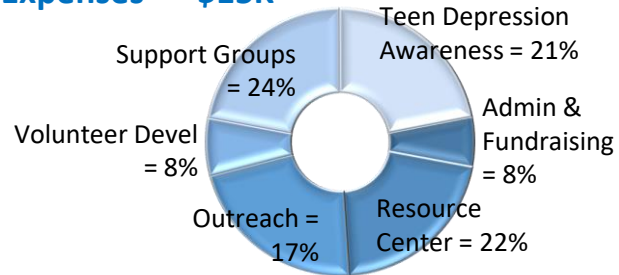
### 11 Peer-led Support Groups Over 4,400 attendees each year

Pueblo Teens? LGBTQ? *Possible for 2019*

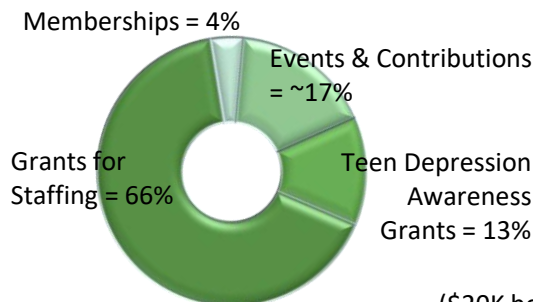
- 11 ?
- 10
- 9
- 8
- 7
- 6
- 5
- 4
- 3
- 2
- 1

- Monument? **New! Jan 2018**
- Adults - Pueblo **New! 2017**
- Dual Diagnosis
- Teens & Young Adults - North
- Adults, evening - North
- Veterans
- Family & Friends
- Teens & Young Adults
- Later Life – Senior Center
- Women
- Adults, afternoon
- Adults, evening

### Expenses = ~\$15K



### Receipts = ~\$30.4K



**Progress continues** towards our goal of \$60K to hire an executive director.

**Balance \$33,346 Total**

(\$20K board-restricted for staffing)